

Defining Style Newsletter

August 2008

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Welcome to our newsletter!

I continually strive to keep my clients updated with the latest. In the last month I was trained in bra fitting and shape garments by Triumph.

Styling Workshops

Girls, do you want to look stylish but don't know how. Come and join in the fun at my 'What to Wear, and What's Really Me'! styling workshops at Manly Warringah Community College. The Saturday workshop on 23 August is booked out. Do get in early for the next Saturday workshop on November 15 or the 6 week course commencing on Wednesday 22 October at 7pm. For more details go to www.mwcc@nsw.edu.au

Colours IN for Spring Spring is ablaze with colour

Have you checked the new fashions arriving in the shops. Colour is everywhere. There's no excuse to look dull this summer.

What are the must have colours for spring-summer 08. Fuchsia is back in a big way. But if pink is not your hue, there also is lots of coral around. Red is also hot. Nautical Red, White and Blue has made a comeback. So is the ever perennial Black and White. Yellow remains a strong contender, though remember it is one of the hardest colours to wear. Wear Jade Green to look super cool or for nonchalant chic you can't beat neutrals. Metallics add a sparkle to your wardrobe.

Now don't forget colours have a profound effect on how you look, feel, and how others perceive you. Colour can affect your body shape, your age, your outlook to life and the overall impression you make on others.



Wearing your best range of colours will make you look younger, healthier and more vibrant. Wearing unflattering colours can make you look older, ill, exhausted or dull.

For the Man in your Life

Guys have been saying what about me! So this section is just for you!

You should not shop for more clothes; you should shop for better clothes.

How do you know what's "better"? Look in your wardrobe, decide which clothes make you walk tall, and then up the ante by purchasing only those garments that will have you walking even taller.

When it comes to a pattern in your clothing, less is more. However, if you decide to wear more than one pattern at a time, follow this simple rule: The pattern on your tie should be bolder than the one on your shirt.

Your shirt collar fits properly if you can get just one finger between it and your neck. Any looser and you'll look like Crackers the Clown.

You don't need to button every button. On a two-button suit, button only the top button. On a three-button suit, button only the middle one. On a one-button suit, you don't have much choice.

Sunglasses should be worn only as sunglasses. And never at night.

Despite the style disasters of the 80's, they did get a few things right, like the polo shirt. It never dates and looks much more stylish than a t-shirt.

When in doubt, ask the tailor.



Do your Black Clothes look Grey?

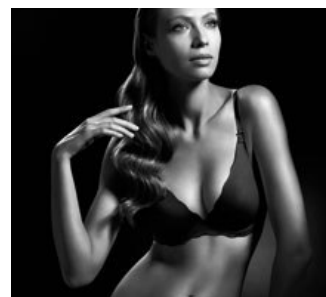
Do you find your dark coloured clothes are fading as you wash them? Have they turned an ugly grey.

Problem solved. Wash your dark clothes in 'Radiant Black Wash' for black and dark clothes. You're sure to look stylish again.



Underwear Tips – Reversible Bra

Kayser is launching in August a bra that can be worn under white or black. The Flip Bra is reversible, one side nude, the other black and uses seamfree technology which moulds into shape for each wear.



Shopping Secrets – Lululemon Athletica

Have you seen the great leisure wear at Lululemon. Lululemon delivers a great range of leisure wear for men and women with beautiful fabrics, colours and great designs to flatter your shape. Their clothes also have great hidden features, like pockets for your mobile phone and keys.



Luon is one of the fabrics they use which is preshrunk and created to withstand 5 years of physical athletic abuse. So even the most active guy can work his heart out. One word of advice, avoid fabric softeners as they clog luon's wicking ability.

Bridal Trends

Long Bridesmaids Dresses are IN. Brides are following the new trend in 'Sex in the City' and '27 Dresses' instead of the favoured cocktail dress.



Thanks for signing up to this newsletter. Remember, if you'd like to leave this list at any time just reply to this email and let us know.

Cheers

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look great and feel fantastic

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About Robin

I'm a personal image stylist who believes some people are born with style and some people need to learn about style. I am passionate about colour and creating a fresh and stylish new YOU. I will work with you to combine your colouring, body shape, lifestyle and budget to gain new skills to change and manage your appearance. I specialise in Style Makeovers, Colour Reinvention, Personal Shopping, Uniforms and Professional Image Development.

